SECOND PUBLIC EXAMINATION

Honour School of Experimental Psychology,
Honour School of Psychology, Philosophy and Linguistics

TRINITY TERM 2019
Wednesday 12 June 2019, 14.30 pm – 17.30 pm

Developing New and Effective Psychological Treatments for Anxiety Disorders and Psychosis

Answer THREE questions

Start each question in a new booklet

Write your CANDIDATE NUMBER and NOT YOUR NAME on each answer book. Write the numbers of all the questions you have answered on the front of your first answer book

Do NOT turn over until you are told that you may do so
1. Experimental psychology has played an important role in improving treatment of mental health problems. Discuss with examples.

2. How can you know that a psychological therapy is more effective than a mere placebo?

3. Trauma haunts some people for decades. Why?

4. Why is social anxiety disorder so persistent?

5. What are the potential difficulties in intervening psychologically with patients with psychosis and how might these be overcome?

6. The Improving Access to Psychological Therapies (IAPT) programme collects outcome data on almost everyone (99%) who is treated. Why is complete data important and what has it taught us about the optimal way to deliver psychological therapy?